

SANDEL[®] Z-SLIDER[™] PATIENT TRANSFER AND REPOSITIONING SHEET QUICK REFERENCE GUIDE

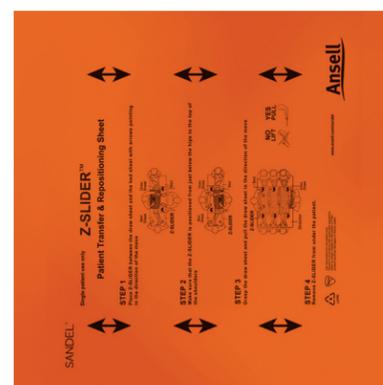
The Z-Slider[™] Patient Transfer Sheet is designed to help healthcare professionals slide patients instead of lifting. Sliding patients while transferring is recommended to prevent disabling back and musculoskeletal injuries. Follow these steps for safe and effective use:



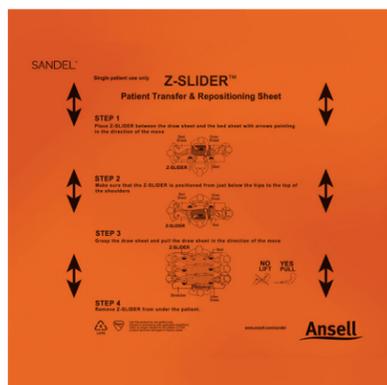
1 Assess patient, identify a minimum of 2 caregivers. Obtain and unfold Z-Slider[™] sheet.



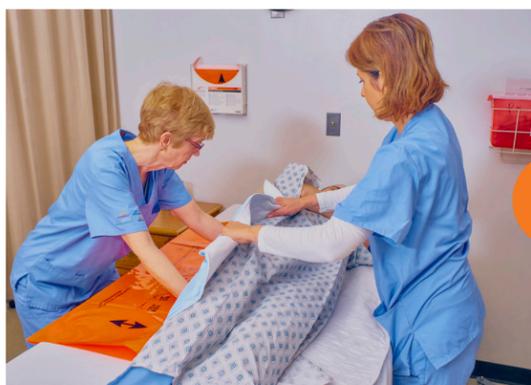
2 With instructions facing you, align arrows in direction of move and gather up half the Z-Slider[™] sheet in your hands.



2a Lateral Transfer: Arrows in horizontal position.



2b Boosting: Arrows in vertical position.



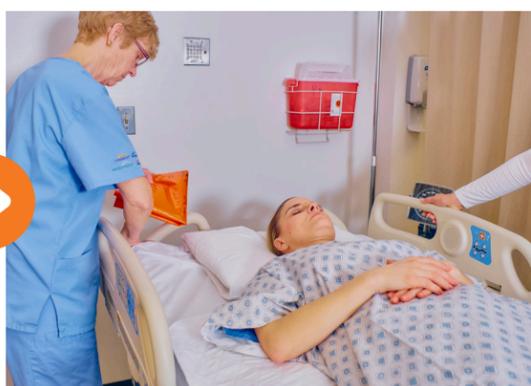
3 Place half the Z-Slider[™] sheet under patient by tucking or slightly log roll, align shoulders to hips between draw sheet and bed sheet. Second caregiver pulls the Z-Slider[™] sheet through to other side (log roll as needed).



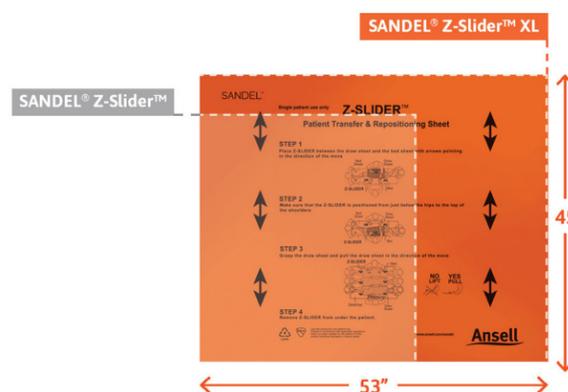
4 Have patient cross arms over chest, slightly lift head and feet or provide additional support as needed. Minimum of one caregiver on each side, gather only draw sheet in palms down configuration and use a push-pull motion (with proper body mechanics) to slide patient. Do NOT lift!



5 Upon completion, remove Z-Slider[™] sheet from under patient by gently pulling or slightly log roll as needed.



6 Store Z-Slider[™] sheet with patient for future use. Label with patient identifier per facility policy. Discard only if soiled or damaged.



The Z-Slider[™] patient transfer sheet is available in standard and extra large sizes.

Instructional video available at www.ansell.com/zslider

➤ For more information or additional clinical resources, please visit: www.ansell.com/AnsellCARES

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